

This continuing education program is designed for experienced and advanced professionals, who are ready to add depth to their practice and a richer structure to their client relationships.

You will learn advanced tools developed in the therapeutic field adapted for facilitation and coaching to expand your toolkit and increase your impact with groups and individuals in meaningful ways.

At the end of the 2-day workshop, you will be able to:

- Use advanced tools to ask powerful and game-changing questions
- Take steps to engage in narrative conversations with groups and individuals
- Design narrative exercises and agendas
- Act consciously in invitations to professional positions in your work with groups and individuals
- Increase your impact with the people you work with

Day 1

New ways to talk about Problems

We will explore ways in which Externalization can re-author conversations and enrich your coaching processes and program designs.

Externalization is a key concept in narrative practice and a way to talk about the issue, in which the person is not the problem; the problem is the problem.

You will learn powerful questions to examine the effects of the problem, and the values that drive the issue.

At the end of this workshop, you will be able to:

- Ask powerful questions to create change
- Inspire new perspectives
- Create safety to go deeper
- Increase your impact with clients
- Use Externalization as an inquiry tool

Day 2

Witnesses to our Lives

Working with groups or individuals, situations arise in which inviting the supporting experiences and observations of other people can be beneficial.

In Outsider Witness practice, we consciously include other voices to acknowledge or affirm one or more person's progress or preferred or resource-based story.

You will learn to employ outsider witness methodology; a process to intentionally include witnesses to a person's life.

At the end of this workshop, you will be able to:

- Increase your impact with your clients; groups, families or individuals
- Create a safe environment in which to include more perspectives
- Use outsider witness questions & techniques

Registration & Information

Sign up [HERE](#) or email Trine [here](#)

Early Bird Registration

Register before December 1, and get a free coaching session with Trine

OPTIONAL: Day 3

Professional Supervision

We will reflect on our own professional practice through exploring the issues that the participants bring forward.

The narrative method ensures that you learn abundantly from the issues you face, and take those learnings into your practice.

You will learn from experiencing Narrative Practice in action, reflecting on your own practice and learn from your peers.

At the end of this workshop you will:

- Know more about yourself and what is important to you in your practice
- Have a deeper understanding of the powerfulness of Narrative Practice
- Increase your level of self-reflection

The workshop will be lead by:

Trine Blücher

Her professional passion is leadership & professional development through group processes. With a background in business, Trine's practice focuses on teaching narrative practice and theory to facilitators, coaches, counsellors and therapists, as well as professional supervision, executive coaching, leadership group processes, and corporate communication and cooperation projects. She has an MBA, is a coach, licensed psychotherapist, and a certified facilitator with YPO.



Dates

Jan 30 – Day 1: New ways to talk about Problems

Jan 31 – Day 2: Witnesses to our Lives

Feb 1 – Day 3: Professional Supervision

Tuition

2 day Workshop: \$1,685

Professional Supervision: \$695

Participation in the workshop is prerequisite to participation in Professional Supervision.

Tuition includes workbook, lunch and coffee/tea.

Venue

Toronto. TBA.

Related Programs » Institute of Narrative Practice

New Orleans: Dec 11, 2018

Copenhagen: Feb. 14-15, 2019

Singapore: March 14-16, 2019

London: April 9 & 10, 2019